



300 HOUR YOGA TEACHER TRAINING

GROW. DEVELOP. EVOLVE.

LED BY MASTER TRAINER & LEAD TEACHER MONTANA MITCHELL

Ten Month Professional Program launches June 12th, 2024.

Do more than just “check the box” of an advanced certification.

Commit and develop the tools that will expand your knowledge and transform your career as a yoga teacher.

Registration opens Friday, March 22nd.

Fast start discounts available on paid in full tuition in March. Payment plans available. Inquire for details.
Tuition includes 6-months of access to Xponential+ On-Demand.

200 HR

vs

300 HR

WHERE YOU ARE

Observe where you are in your teaching journey

WHERE YOU WANT TO GO

Explore what you want to do next

HOW YOU'RE GOING TO GET THERE

Collect the tools, practices and information you need to make it happen

TEACH MORE & INSTRUCT LESS

Student-focused teaching strategies

DIRECT EXPERIENCE & CRITICAL THINKING

Question what you've always done and find your unique voice

CONDITIONS FOR A SPIRITUAL PRACTICE

Integrate ancient philosophy into a modern world